



**PROBUS CLUB
OF
KAWANA
WATERS**



MEETINGS are held on the 2nd Tuesday monthly (except December) at **Venue 114**, 114 Sportsman's Parade, Bokarina, commencing at 10am. **APOLOGIES** for non-attendance should be notified to Ass. Registrar **Margaret Mair** 5390 9659 0421 023 032 mamair7@bigpond.com before the day of the meeting to assist with catering.

Inside this issue:

Index	
President's Report	1
Welfare, Birthdays & Treasurer's Report & Banking Details. Directory	2
Guest Speakers Report Member Community	3
Interest Group Directory	4

Newsletter April 2020

Maureen's Reflections for March

Our Annual General Meeting on March 10th

Seems a life time ago. Global change due to COVID 19 has definitely altered how we operate as individuals and as a club of active retirees.

Management Committee Meeting March 24th 2020.

Due to the concerns regarding the virus, our Registrar John Roberts setup a phone conference between committee members. This set up will continue for Management Meetings, until the government gives us the heads up to return to interaction, we experienced prior to CODIV 19 affecting the way we interact.

Meeting feedback:

Suspension of club activities for a minimum of three months;

The General Meeting scheduled for July 14th will hopefully see the club return to normal activities.

Management Committee Meeting on June 23rd will review the situation based on government directives and availability of Venue 114. Members will be notified by email and club website of the outcomes of this meeting.

Review of the Constitution and By Laws will be undertaken during the upcoming management meetings. We now have the updated 2015 – 2016 version, thanks to Jenny & Leigh Baker. Apparently according to Brian Knight, a significant amount of rewriting was undertaken during the leadership of Brian Clark. We are very appreciative of the work undertaken by that committee.

During our enforced "isolation at home", our Welfare Officer Dorothy King and members of the management committee will attempt to make contact with members individually by phone/text/email to ensure that everyone is travelling well. If you become unwell or know of a member who is unwell please contact Dorothy King.

Suggestion Box – it was great to see the box being utilised during our March meeting. As a result of the enquiry, information when advertising future bus trip will indicate if the trip will be of an extended nature.

Members are reminded that fees are due on or before April 1. Whilst I understand that some members may have forgotten with everything that is going on. If you are unsure whether you have made a payment regarding your membership, contact Treasurer Brian Knight. Payment can be made into the club account Internet Banking Details: BSB: 638 070 Account No. 8576386.

Whilst no one volunteered to undertake the role of Morning Tea Coordinator for our meetings, a number of members indicated they were happy to help out. Acting Senior Vice President Mike, will produce a roster of volunteers when meetings resume. However, if you have reconsidered and wish to coordinate Morning Tea – please let Mike know.

Hopefully the measures being undertaken by the Government and individuals, will result in the effects of CORDIV 19 being defeated quickly. Hopefully, we all find effective ways to spend our time whilst in isolation. Speaking to some members over the last week or so, they have indicated that their homes inside and out will benefit by them being forced to stay home.

Whatever you choose to do to entertain yourself during the next few months, take care and ensure that you find ways of communicating with others. We all need to remember that it does not take much effort to pick up the phone to call someone or send a text, or log on and send an email. Emotional wellbeing is as important as physical wellbeing, keep communication channels open.

Please take care of yourself.
Maureen Dunn

PROBUS CLUB OF KAWANA WATERS, INC

P.O. Box 398, Buddina, Qld 4575

www.probuskawanawaters.com

President: Maureen Dunn. Secretary: Julie Knight. Treasurer: Brian Knight.

Registrar: John Roberts

Welfare & Support

Dorothy King - 5337 9112 0406 908 698

Any members who are ailing or needing support please ensure that **Dorothy** knows about it so that the Club is able to provide whatever assistance it can.

Treasurer's Report at the End of April

Opening Balance 29-02-20	\$5840.47
Income March	\$2513.00
Expenses March	\$2059.40
Closing Balance 31-03-20	\$6294.07

April Birthdays

Lorraine LINTOTT	7th
Jenny BAKER	15th
Maureen DUNN	21st
Gerhard KRONBERGER	25th
Brian KNIGHT	30th



Internet Banking details:
BSB: 638 070 A/c: 8576386
Ref: Your name and event.

APRIL BUS TRIP

Cancellation of the Bus Trip.

The matter of refunds
A request for those who have paid, let Brian Knight know a.s.a.p. whether they want refunds or the funds held towards the next trip. For those who paid cash, Brian will get your money back to you

HANDY HINTS

An economical spray for wiping down toilet seats or other surfaces is Methylated Spirits as it is 100% alcohol so this can be diluted with water and put in a spray bottle.

It can also be adapted to use as a hand sanitiser by using 1 cup Methylated Spirits, 2 teaspoons glycerine and 1 teaspoon tea-tree oil. (oldies but goodies)!



DIRECTORY

MANAGEMENT COMMITTEE

	Phone Contact
<i>President: Maureen Dunn</i>	0400 446 220
<i>Secretary: Julie Knight</i>	5452 6558 0421 637 682
<i>Treasurer: Brian Knight</i>	5452 6558 0414 538 560
<i>Registrar: John Roberts</i>	5491 9287 0450 717 447
<i>Vice-President: Mike Matthews</i>	0416325763
<i>Jn Vice-President: Kendra Stevens</i>	5493 6615

CLUB OFFICERS

<i>Assist. Registrar: Margaret Mair</i>	0421 023 032
<i>Assist. Secretary:</i>	
<i>Assist. Treasurer: Dorothy King</i>	5337 9112
<i>Facilities Officer:</i>	CANCELLED
<i>Guest Speaker: Jan & Graeme Rowe</i>	5491 9287
<i>Media Officer: Anna Firmin</i>	0427 611 174
<i>Meet & Greet: Lorraine Gladigau Diana Armstrong Robin Clair</i>	5493 2454 0488 070 225 0400 705 688
<i>Newsletter: Mike Matthews</i>	0416315763
<i>Safety Officer: Graeme Rowe Ruth McDonald</i>	5491 9287 5493 5273
<i>Trips & Outings: Anna Firmin</i>	0427 611 174
<i>Welfare: Dorothy King</i>	5337 9112 0406 908 698
<i>Website: Gerhard Kronberger</i>	0409 500 091



THE SUGGESTION BOX

Any questions, suggestions or ideas
 This box is near the Registration table at each meeting.

PAQ Web Site: enter the web site at www.paqnetwork.com.au

Secretary: mail@paqnetwork.com.au

President: president@paqnetwork.com.au

Armchair Travel March 2020 — Anna Firmin**ARMCHAIR TRAVEL MARCH****Mike Matthews on Hurtigruten**

Once again, we enjoyed a most professional presentation from Mike. This time he took us up the west coast of Norway on what could be called “the milk run”. With lots of OMG pictures of the landscape and townships on the route and the sprinkling of history thrown in, it was a great presentation. These few pictures will attest to that.

A number of members mentioned their wish to join this cruise. It will be interesting if anyone does do it in the coming years.

Thank you Mike.

**Theatre Group**

Phone 5358 0145

gralove78@gmail.com

ALL TO BE ADVISED

“Forbidden Broadway Greatest Hits” Wurtulla, Wednesday 19th June 2019 - 7pm for 7.30pm. **Electronic payments to treasurer or at June meeting. \$26 per person.**

Members attending the **Indee Theatre Production (2/6/19)**, can pick tickets up at the door.

“Muriels Wedding” 26th October 2pm Cost \$195 contact Barb ASAP

Please remember to wear your **Probus nametag to ALL Theatre events.**

BOOK CLUB - Leigh & Jenny Baker

The Night Guest, by Fiona McFarlane, is a remarkable, very powerful and, to many of our members, very disturbing book, best categorized as a psychological thriller. The two main themes of the book - Elder Abuse and Dementia were supported by a study of a Jekyll & Hyde sociopath, such as seen in many a horror movie. The main characters are a fake carer (Frida) and a widow living alone and suffering the early stages of dementia (Ruth). The way Frida insinuated herself into Ruth's life, gradually established total physical and psychological control – and stole most of her money - made compelling reading. A very powerful book and a wakeup call to us all, as elder abuse and dementia are both very present in our society.

The Book Club's response to the Coronavirus pandemic has been to change to a Work-from-Home model, with members emailing their reviews in and a composite set being compiled and circulated.

With the Library now closed, we can do this for one more cycle with books already borrowed.

Then we will need to move to a more innovative approach that keeps the group active for the duration of the shutdown.

Leigh Baker

THE ART GROUP**SUSPENDED****2nd and 4th Monday of the month****From 1.00 pm to 3.30pm****At Graeme's: 9 Huon Place, Currimundi****Coordinator:**

Contact Graeme Love

Email: gralove78@gmail.com

INTEREST GROUPS

<i>Armchair Travel:</i>	<i>Anna Firmin</i>	0427 611 174
<i>Art Group:</i>	<i>Graeme Love</i>	5358 0145 0409 087 157
<i>Book Club:</i>	<i>Jenny Baker</i>	0400 151 933
<i>Leigh Baker</i>		0423 988 504
<i>Bus Trips:</i>	<i>Anna Firmin</i>	0427 611 174
<i>Coffee Mornings:</i>	<i>Pat Blakeman;</i>	0409 901 176
<i>Pam Ferguson</i>		0439 668 437
<i>Craft:</i>	<i>Wendy Tame</i>	0409 625 150
<i>Dining:</i>	<i>Coral Horton</i>	0410 613 026
<i>Games Mixed :</i>	<i>Sue Hanna</i>	0488 263 659
<i>Grumpy Old Men:</i>	<i>Brian Knight</i>	0414 538 560
<i>Local Theatre:</i>	<i>Barbara Love</i>	5358 0145
<i>Mahjong:</i>	<i>Jenny Nelson</i>	5493 8393
<i>Pat Blakeman</i>		0417 620 640 0409 901 176
<i>Walking:</i>	<i>Brian Knight</i>	0414 538 560

Mixed Games**SUSPENDED****3rd Wednesday of the month****Venue:** Kawana Surf Club

99 Pacific Blvd Buddina

Time: 1.30pm—3.30pm

Hope to see lots of members there.

Coordinator: Sue Hanna

MOST ACTIVITIES ARE SUSPENDED UNTIL FURTHER NOTICE
MANAGEMENT WILL REVIEW MONTHLY

STILL ACTIVE**The Walking Group**

Brian Knight - 0414 538 560

1st and 3rd Wednesday. Several members would like this to continue at present. The walks therefore in April will take place as shown in the April Newsletter but walks on the 6th & 20th of May will be advised. All types of craft and skill levels welcomed.

**The Book Club: See Report****Craft Group Working from Home**

All types of craft and skill levels welcomed.

Convenor: Wendy Tame—Venue: @ Home—Time: Anytime!

From our Welfare Officer Dorothy

Hello everyone, I am pleased to say the only report I have had this month is of an accident Dorothy Taylor had with a spill of boiling water onto her hip area. Daily dressings are aiding the healing and Dorothy assures me she is managing OK. Best wishes for the healing process.

As we are not having meetings at the present, it is important that members advise me if they are not well and/or require any help. Contact information is:

Email: kingway23@optusnet.com.au— 5337 9112— 0406908698

Why not sort all the photos you have been going to do for ages or Seniors on line have a good page on games to do.

Stay well. Dorothy

Day	April	Time	Co-ordinator(s)
Wednesday 1	Walking: Jill Chamberlain Reserve Caloundra Dining: SUSPENDED	7.30am 12noon	Brian Knight Coral Horton
Saturday 4	Cinema Saturday: SUSPENDED	TBA	Mike Matthews
Monday 6	Mah-jong: SUSPENDED	9.30am.	Jenny Nelson
Thursday 9	Grumpy Old Men : SUSPENDED		Brian Knight
Saturday 11	Cinema Saturday: SUSPENDED	TBA	Mike Matthews
Monday 13	Art Group: SUSPENDED	1-3.30pm	Graeme Love
Tuesday 14	GENERAL MEETINGS SUSPENDED UNTIL FURTHER NOTICE Management Committee to Monitor	10am-12noon	John Roberts Margaret Mair
Wednesday 15	Walking Group: Dularcha Railway Tunnel Track Mixed Games: SUSPENDED	7.30am 1.30pm	Brian Knight Sue Hanna
Friday 17	Arm Chair Travel: SUSPENDED	9.15am	Anna Firmin
Saturday 18	Cinema Saturday: SUSPENDED	TBA	Mike Matthews
Monday 20	Mah-jong: SUSPENDED	9.30am	Jenny Nelson
Tuesday 21	Craft Group: WORKING FROM HOME	10am	Wendy Tame
Wednesday 22	Management Committee: Telephone Meeting	10am	Maureen Dunn
Thursday 23	Bus Trip: CANCELLED	8.30am	Anna Firmin
Friday 28	Deadline for submission of Material for Newsletter		Mike Matthews
Saturday 25	Cinema Saturday: SUSPENDED	TBA	Mike Matthews
Monday 27	Book Club: AT HOME Art Group: SUSPENDED	9.30am 1.30pm	Jenny & Leigh Baker Graeme Love

Kawana Waters Probus Changeover 2020



Out going President Mike Matthews.



Phyliss Gerhardt receiving her Life Membership Badge.

President 2020/2021
Maureen Dunn



Your new Committee, Officers and Convenors for 2020/2021